

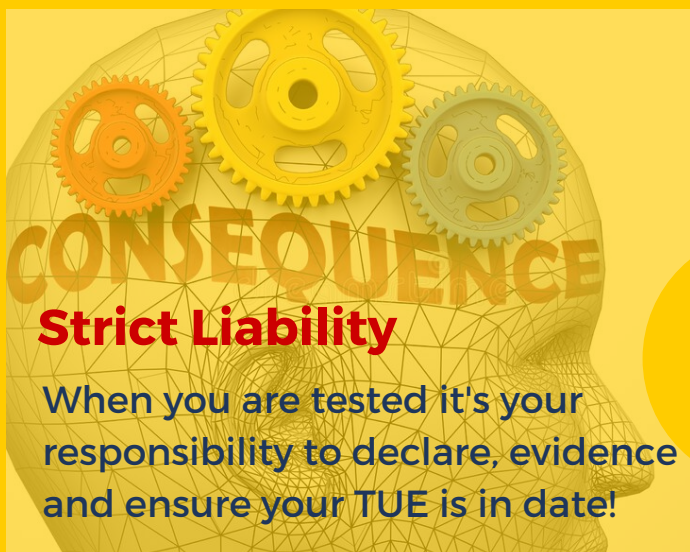
## #Check the name of the medication

Whether prescribed or an Over The Counter (OTC) medication, from a pharmacy or a supermarket, always check the label / ingredients using Global DRO irrespective of whether you used the medication before!



## TUE Application Process

- Medical documentation will be required when a TUE is submitted.
- It can take up **30 days** to hear whether a TUE application has been accepted.
- Once approved, a TUE certificate will be issued for a **limited** period of time and will need to be renewed.



## Strict Liability

When you are tested it's your responsibility to declare, evidence and ensure your TUE is in date!

## STEP 01



## STEP 02

## Therapeutic Use Exemption (TUE)

A Therapeutic Use Exemption (TUE) is required by athletes who have a medical condition **and** require a particular medication which is otherwise restricted under WADA's prohibited list.

## STEP 03



**If you require a TUE seek input from:**

## STEP 04

Team Doctor (GB TKD) &  
Steve GREEN  
[steve.green@gbtaekwondo.co.uk](mailto:steve.green@gbtaekwondo.co.uk)

## STEP 05

