



#Athlete Whereabouts!

Athletes will know if they are part of a Registered Testing Pool (RTP).

Athlete whereabouts typically includes the need to report:

- Daily 1 hour testing slot
- Daily overnight address
- Daily training time (s)
- Competition (s)

STEP
01

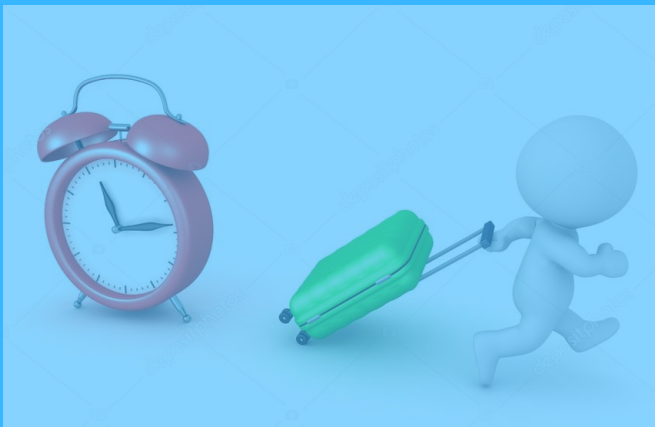


Daily Updates

STEP
02



Athletes in a RTP will be inducted to use **ADAMs** (Athlete Database Management System). Once inducted athletes are required to ensure their whereabouts information is **always** accurate - to include when you are travelling or away at a celebration!



Quarterly Submissions

- Quarter 1: 15th Dec
- Quarter 2: 15th Mar
- Quarter 3: 15th Jun
- Quarter 4: 15 Sep

STEP
03

Emergencies!



Athletes who are in a domestic or national RTP & who cannot log into ADAMs can, in exceptional circumstances, text updates up to a few minutes prior to their allocated testing slot.

STEP
04

Alert & Accurate!

Athletes may receive a filing violation for inaccurate Whereabouts information or a ban if they fail to be at their designated 1 hour testing slot on three occasions inside a 12 month period

STEP
05

