



Job Description: Performance Team Doctor

Why Join Us

GB Taekwondo is at a pivotal moment in its history. After a significant period of international medal success, the team has recognised that what led to these achievements will not lead to success in the future. It is time to pivot, creating new opportunities in the pathway, strengthening the profile and leveraging the value of our high-performance teams and athletes, and their unique contribution to the Olympic and Paralympic family, whilst maintaining our purity of our purpose...to give the nation's best Taekwondo athletes, and future prospects, a fighting chance of success. Through it all GB Taekwondo aspires to set the bar for good governance in the high-performance arena and was winner of the Sporting Equals 'sports organisation of the year' in 2024.

The Role

GB Taekwondo operates a coach/athlete led individualised athlete development programme utilising the services of the multi-functional medicine and science team. We are responsible for the preparation and performance of Britain's elite taekwondo athletes at major championships events including the Olympic Games. The GB Taekwondo Academy is based in Manchester where full time senior athletes train alongside our emerging talent on the National Lottery funded World Class Performance and Development programmes.

GB Taekwondo aim to recruit and retain talented individuals through fair and effective recruitment and selection procedures. We value diversity and are committed to eliminating unlawful and unfair discrimination. Appointment will always be on merit.

Applications are welcomed from all people irrespective of age, sex, gender, sexual orientation, marital status, pregnancy/maternity/paternity/caring responsibilities, ethnic and cultural background, nationality, disability, religion or belief.

Safeguarding and promoting the welfare of children in GB Taekwondo is a priority and an integral part of the recruitment process.

About the post:

Location: National Taekwondo Centre, Ten Acres Sports Complex, Ten Acres Lane, Manchester, M40 2SP.
Travelling (European and Worldwide) may be required for some International competitions.

Salary: Commensurate with experience

Hours of Work: 0.2 FTE (2 sessions per week in Manchester plus remote support)

This job requires an enhanced criminal records check and written reference(s) in relation to safeguarding/suitability to work with children, as well as continual professional development.



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Purpose:

The objective of GB Taekwondo is to provide athletes with confirmed talent, factual and logical support so that they can realise their full performance potential during Olympic, World and European Championships. The medical team's primary role is to work as part of a multi-disciplinary team that supports the athlete and coaching team. All roles within the medical support team must ensure they can provide the best information possible which will allow the athlete and coaching team to make an informed decision based on the best medical advice possible.

Key Responsibilities:

- Leading the implementation, development and delivery of medical services and facilities for the GB Taekwondo World Class Programme athletes from the National Taekwondo Centre and major international competitions (World Championships, European Championships, GP Final).
- Implement a performance medicine strategy for all GB Taekwondo athletes within the Academy, that focuses on athlete education, increases proactivity of athlete self-management and includes rapid response to serious injury or illness protocols.
- To provide expert counsel to the Head of Teams and Operations, Head of Athlete Performance, coaching, performance support team and athletes to assist in them achieving their objectives.
- Ensure adherence to GMC regulations on medical record keeping, professional responsibilities and confidentiality are adhered to.
- Liaise with the Head of Athlete Development to provide support to the Development Team in terms of direct medical advice regarding health and injury protocols for the development athletes.
- Lead and maintain Care Quality Commission (CQC) Accreditation on behalf of GB Taekwondo at the National Taekwondo Centre, Manchester
- Liaise and maintain relationship with World Taekwondo medical head/team and to work collaboratively with them to improve health and safety in Taekwondo.

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Day to Day Training Environment:

- In collaboration with the lead physiotherapist and coaches, coordinate any diagnostic procedures and screening diagnostics giving expert, injury focused opinion and recommendations on results.
- Attend medical case conferences and where appropriate, provide information for Athlete Development Meetings (ADM) and Multi-Disciplinary Team Meetings (MDT).
- In collaboration with the coaching team, promote healthy behaviours and best practice around weight management, general health and wellbeing, in line with the athlete's Taekwondo ambitions.
- Maintain a comprehensive record of work conducted with the athletes through the GBT medical records system.
- Work in collaboration with the Head of Teams and Operations, Head of Athlete Performance, Lead physio and coaches to conduct an analysis of injury and illness data, providing proactive solutions to reduce injury and illness rates.
- Within the rules of professional confidentiality liaise with athletes, Head of Teams and Operations, Head of Athlete Performance, parents, coaches, and other support staff as appropriate.
- Work within the rules of the UK Professional Code of Conduct, standards and guidelines and staff code of conduct at GB Taekwondo.
- Maintain up-to-date clinical appraisal and validation with the GMC which is appropriate to the specialty of sport and exercise medicine.
- Attend, contribute to and provide regular reports at appropriate meetings associated with the programme as required by the Head of Teams and Operations or Head of Athlete Performance.
- Continue to develop network of specialised expert counsel and commit to a continuous professional development programme.

International Competition Duties:

- Assume the role of CMO at Major International Competitions when required to travel.
- Provide medical services to athletes while away at International Competitions when required to travel.

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- In collaboration with the physio team, implement positive rapid response to any injuries obtained while competing, keeping the athlete in competition in discussion with the Head of Teams and Operations, Head of Athlete Performance and coaching team where it's safe to do so.

The post holder will be required to undertake continual professional development:

Qualifications:

Essential

- Full registration with the GMC
- Member or Fellow of Faculty of Sport and Exercise Medicine (FSEM).
- On the GMC Speciality Register for Sport & Exercise Medicine or General Practice.
- A post graduate qualification in Sports & Exercise Medicine at Diploma level or equivalent with verifiable clinical training in Sports Medicine.
- Medical indemnity cover at a level appropriate for this role.
- Holding a current valid advanced life support qualification from a recognised organisation.

Desirable

- An MSc, MD or PhD (or equivalent) in Sport and Exercise Medicine.
- Training and experience in General Practice.
- Postgraduate qualification in Musculoskeletal Ultrasound

Experience:

Essential

- Has a passion for and experience of working with either martial arts, full contact sports, combat sports or professions.
- Considerable experience in the provision of medical services to elite athletes and coaches. This experience should include work with national teams and their athletes.
- Demonstrated ability to communicate effectively and efficiently with athletes, coaches and management teams.

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- Demonstrated experience of developing, implementing and evaluating medical programmes for individual athletes within elite sport.
- Demonstrated experience of strategic planning, implementation and monitoring of medical support to high performance athletes.
- A verifiable record of working within a multi-disciplinary team in the delivery of medical services to high performance sport.
- Demonstrable experience of innovation in the assessment, monitoring and management of sports squads within the bounds of orthodox medicine and is able to give numerous examples of this.
- Experience of and ability to collaborate with coaches to appropriately modify training and rehabilitation if required.
- Demonstrated ability to scientifically evaluate test results including musculoskeletal imaging, scientific data and relevant sports medicine/science literature.
- Demonstrated advanced competency in clinical examination, functional assessment and medical management of sports injury and illness.
- Experience in effective interventions including injection techniques and allied therapies.
- Experience of dealing with national performance programmes within National Governing Bodies of sport.
- Have travelled with a team to major international competition at senior or junior level (eg Olympic or Paralympic Games, World or European Championships or Commonwealth Games).

Desirable

- Experience of management within clinical support teams.
- Demonstrable experience in developing and implementing education programmes that develop world-class standards and delivery for medicine.
- Experience of administration, coaching or management in sport.

Knowledge:

Essential

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- A strong understanding of leading-edge sports medicine diagnosis and clinical management of elite performers.
- An understanding of the needs of elite athletes and coaches in a high performance full contact sport environment and an ability to effectively communicate clinical information.
- Advanced knowledge of therapeutics as applied to elite athletes.
- A thorough understanding of the various sports science and medicine disciplines.
- Thorough and up-to-date understanding of the doping rules and regulations in sport.
- An understanding of the FSEM Code of Conduct.

Skills and Abilities:

Essential

- Highly skilled in fostering performance focused relationships with high performance coaches, building trusted partnerships that enable accurate and timely decisions to be made with athletes.
- Ability to implement innovative ideas and influence athlete and coach support programmes.
- Ability to work under pressure and drive for excellence.
- Ability to prioritise own workload and that of colleagues.
- Ability to balance conflicting demands and tight deadlines. Excellent problem solving and decision-making skills.
- Ability to communicate complex data in terms that are easily understood by a wide range of audiences.

Personal Disposition

- Is a highly efficient, organised individual whose internal drivers are focused on supporting an athlete's ambition within the context of elite sport, their professional responsibilities and GB Taekwondo code of conduct.
- Demonstrates personal commitment to continuous personal and professional development.
- Is a Team player 'task focused' individual that can manage their own ego and emotions when driving for the best medical care for athletes.
- Open minded with a view to adopting new practices.
- Highly motivated with a passion for high performance full contact combat sports.

In order to be shortlisted you will need to provide a cover letter along with your CV, detailing why you believe you are the right candidate



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Please send your CV along with a covering letter to garry.adams@gbtaekwondo.co.uk or by post, marking confidential to HR, GB Taekwondo, National Taekwondo Centre, Ten Acres Sports Complex, Ten Acres Lane, Manchester, M40 2SP.